



# J'ai fait trois fois le tour de la Terre

## *Réveiller les feux sacrés de la connaissance*

### **I've been around the Earth three times**

*by Laurence Baranski  
book & video synopsis*

The universe... It is said that it has more than a thousand billion galaxies and billions of billions of suns. Somewhere, in this seemingly infinite cosmos, lies the Earth. That's where I live, just like you, just like 7 billion human beings.

"To be alive" in this starry vastness. Come to think of it, it is strange. Have you already questioned yourself about it ? I have ! Since I was a kid, I have been wondering who I am and what is this world in which I was born.

Of course, things are quite simple. We are born. We grow up. We love. We have family, work, health, leisure activities. Sciences and religions. Joys and sorrows. Then we grow old and we die. Such is life. And this is how the world works.

These answers could have satisfied me. But my questions would not go away. It was as if they were saying to me: "Look elsewhere, look differently, look ... ". But what was there to see? And how could I look in a different way?

So, I sought. I also travelled a lot. Abandoning the highways, I took side roads. They were sometimes well hidden. Fortunately, I always met someone who showed me the way. I never spent too long in the same place. If you stick with me, I will tell you where I went and what I discovered...

#### **In the heart of past civilizations**

I found myself fairly quickly in the heart of past civilizations, several thousand years ago. Did you know that many of these civilizations were scientifically and socially very advanced?

The human beings of those times have left us vestiges and monuments all over the planet. Their architecture is so sophisticated that no one knows how they were built. Even our most modern computers cannot pierce their secrets.

It is also said that the human beings of those times took better care of nature than we do today. They respected it and they thanked it for its blessings. Moreover, at that time, some people say, they worshipped Mother-Earth and honored the sacred Female.



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### **Discovering lost civilizations**

That was surprising but didn't answer my questions. I needed to know more. I left the mysteries of past civilizations. I went off to explore other hidden territories. These are talked of in ancient texts and legends. These territories are called Atlantis, Mu, Hyperborée, Agartha, or even hollow Earth.

Modern day explorers are very serious about the fact that these continents and their civilizations existed at one time. They devote their entire lives to looking for traces of them, often in the depths of the seas where sunken vestiges might be found.

At the time these continents existed, certain human beings who lived there, between dream and reality, could have, it seems, been as tall as giants. Others had the power of magicians. It also seems that they talked to dolphins.

And they also interacted with other beings that were not earthly. Extraterrestrial ones. This took place hundreds of thousands years ago.

Maybe the Unidentified Flying Objects experts of today are convinced that these visitors from outer space exist and that would not be surprising given the size of the universe.

At this point in my travels, the evolution of life on Earth did not seem as simple and clear as what one learns at school. The origins of humanity, prehistory, history, civilizations, time, space, all took on another dimension. In it mingled the odd, the strange... There was something puzzling about it all.

### **Exploring parallel civilizations**

So, of course, I thought that I met a few too many charlatans, cranks and pseudo-scientists.

But, it was then that scientists themselves started to shake-up what well-ordered certainties I had! These are scientists of a new generation, which is building tomorrow's world, "the quantum generation" in particular. There are more and more of them.

They say that all that is alive is connected, from the stars to our cells. They talk about morphic fields, about the memory of water, levels of consciousness. Some also talk about death as a passage and not as an end, about the spirit which lives on, about the power of light which cures.



In fact, with other words, they say the same things that the shamans and ancient sacred texts have been teaching since the beginning of time.

My travels had just led me to this precise place where spirituality and science meet, the mystic and the astrophysicist, the wise woman and the doctor. Together, they ask themselves questions, they seek, they open up new areas of knowledge. Here reality becomes multiple and time cyclical.

The path to the spirit had just opened itself up to me. I stepped onto it quite naturally. That was the last stage of my travels.

Far beyond religions, I sought the common points in the different traditions of wisdom which have been guiding pilgrims for so long.

All of them, in their own way, refer to life beyond life, to a clear awareness, to a balance between male and female, to the unlimited potentials of human beings, to beings of light. They all carry a message of peace. And they all invite us to move forwards on the path of self-knowledge, this path which goes from outside to inside us. It is made of questioning, discoveries, and rediscoveries. It always brings with it an ever greater sense of peace and this strange feeling which gives one the impression of soaring higher and higher... Human beings have always called this feeling "Love".

I discovered that from there, from up on high, one can look at things really differently... time, evolution, humanity, the others, whatever their nations might be, one's life, oneself.

One sentence sounds louder and louder. It says that peace in the world begins with peace in one's heart. "You must be the change you wish to see in the world". Gandhi, like others before him, already said that to us.

### **Epilogue**

I came back down to Earth.

I began to talk about my travels, as I have just done for you, who have been listening to me.

And you know what? I realized that there are many of us, who have already been travelling this path for many years.

Each one of us treads his/her own path. Each one of us has his/her favourite teachings and guides. However, even without knowing it, even without knowing each other, we are travelling together. We are connected in this search for meaning,



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which for me, since childhood, has taken the form of these two questions: who am I? and what is this world in which I was born?

Today, everywhere on the planet, an eclectic and secular form of speech about universal spirituality is emerging. It pushes the boundaries of acceptable, academic and conventional knowledge. It offers us new areas in which to create and to love.

It is a personal, significant and subjective language. But it is also a political, social and civic language. What would politics and social activities be if they did not fully integrate life, including what is most mysterious and sacred in it? No doubt, lifeless activities that would require urgent revitalizing.

We all walk the Earth. Our life paths meet and separate.

In stories for children, and also for adults, it is said that if one looks down from above in a different way, one can see a canvas made of gold and silver threads of light in motion surrounding our planet. It illuminates the universe. It is like a pathway which we can follow to move towards new possibilities which are waiting to be invented. And from there regenerate what on Earth we call "knowledge", "consciousness", and "imagination". Each of us is free to venture towards these new zones of evolution to be explored... Herein lies the future of humanity ...

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